



# THE TAROT IN ACTION: ARCHETYPES, SYNCHRONICITY & SPONTANEITY

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**Karen Carnabucci, LCSW, TEP**

**Lancaster School of Psychodrama &  
Experiential Psychotherapies**

Lancaster, Pennsylvania

[realtruekaren.com](http://realtruekaren.com)



# Tarot

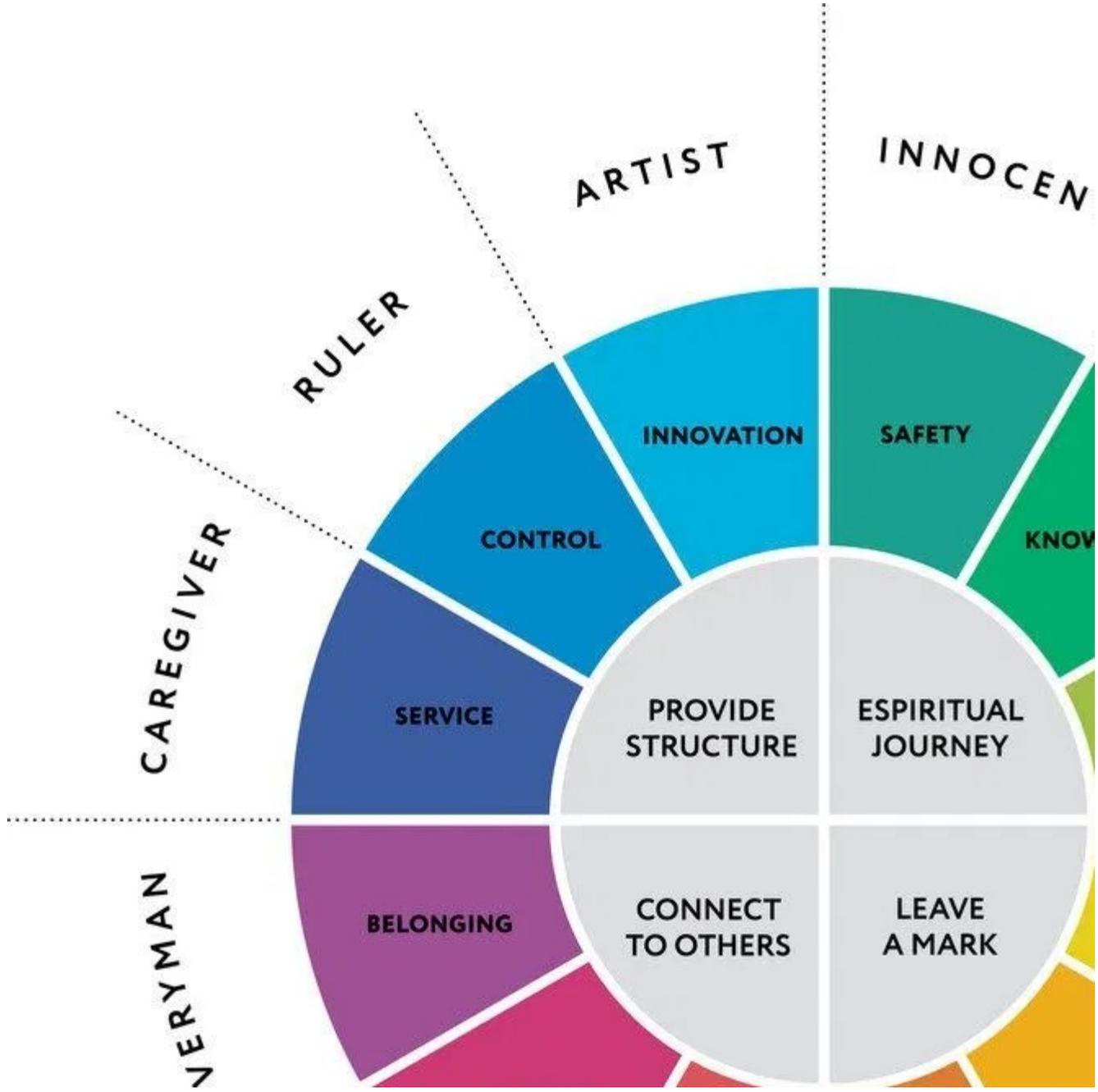
A deck of **78 cards** that was originally used for playing games in Europe, presumably from the late 15th century. The suits are typically **swords, cups, pentacles and wands** and then include a second set of cards, known as the **Major Arcana** cards, and sometimes called the “trump” cards that symbolize an **inner spiritual journey**. The images have been drawn and re-interpreted hundreds of times and have enjoyed a **resurgence** in the 20th and current century.

# Archetypes



Archetypes represent universal symbols and images that are common in all cultures that evoke deep emotions.

The psychoanalyst Carl Gustav Jung proposed the concept of archetypes in his theory of the human psyche. He believed that these universal mythic characters – which he called archetypes -- reside within the collective unconscious.



## Synchronicity

The **simultaneous occurrence** of events which appear **significantly related** but have no discernible connection; **meaningful coincidences.**

# Spontaneity



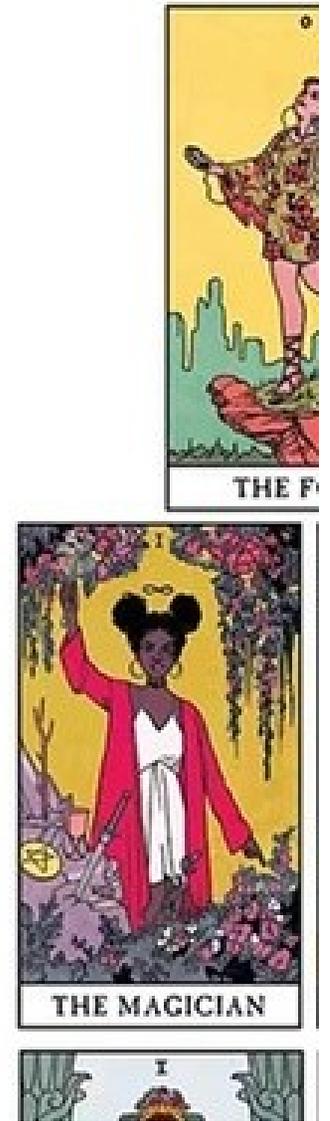
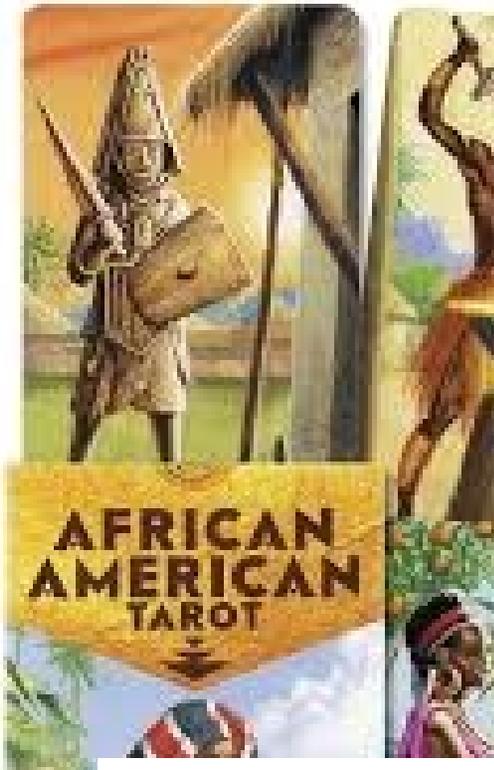
Spontaneity and creativity are twin principles that are core to the **fundamental theory** of psychodrama, as developed by Dr. J.L. Moreno. True spontaneity is not impulsiveness, or does it refer to stereotypical responses. Rather, it is a **genuine and original response** that is good enough – for a new situation. In other words, it contains **novelty and creativity**. It is also called the “spontaneity of the genius.”

## Why Tarot?

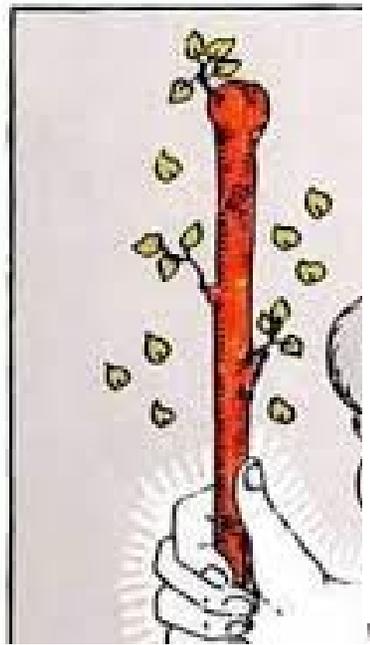
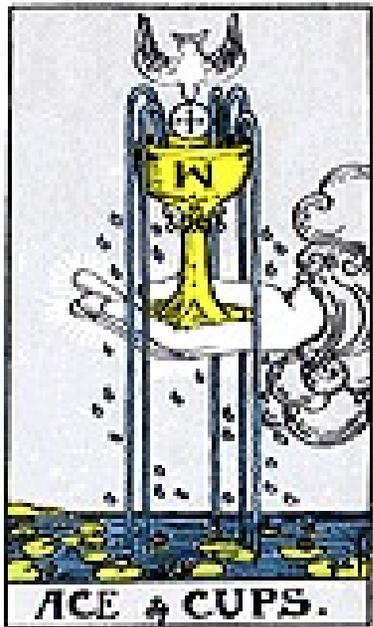
- Collaborative experience
- Visually appealing
- Spiritual exploration
- Opportunities to adapt for action learning
- Engaging to certain kinds of people (teens, young adults, esoteric learners, spiritual seekers, etc.)

# Decks





# The suits



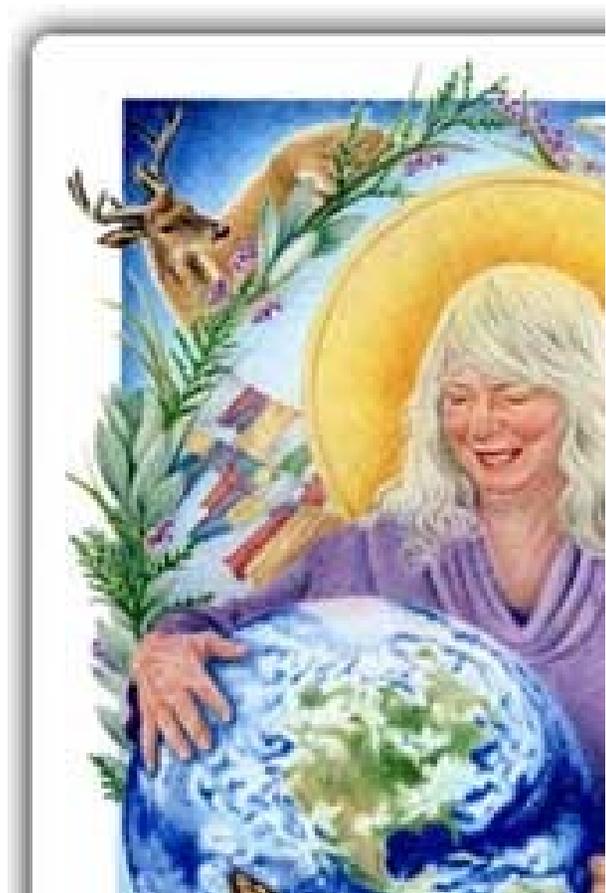
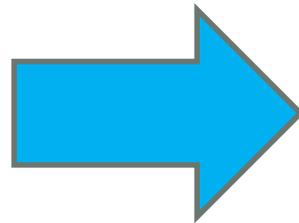
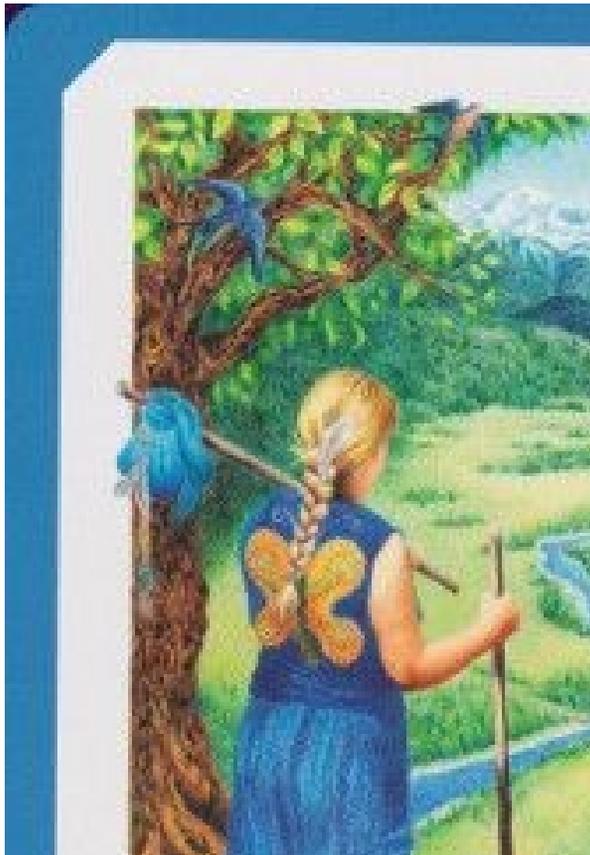
# The developmental phases



# The spiritual journey (Waite-Rider-Smith)



# Gaian Tarot (Joanna Powell Colbert)



# Masculine & feminine energies



# Making a question

- What is it I do not see about this situation?
- What do I need to include in this situation?
- What is the choice or opportunity I am not looking at?
- What is the bigger picture?
- What is hidden inside of me that I must look at?
- What is the block that is preventing me from moving forward?
- Etc.

# When?

- **To stimulate:** “I don’t know what to talk about.”
- **To gain clarity:** “I’m confused.”
- **To gain non-rational information:** “I’ve thought through this issue and I don’t know where to go.”
- **To warm up:** As a warm up for a psychodrama session or psychodrama vignette.
- **To warm up:** As a warm up for a Family or Systemic Constellations session.
- **To look at choices:** “What choices are available?”
- **To look at relationships:** “I don’t know how I feel about...”
- **To end a session:** “What is the gift of today?”

# Thank you!

**Karen Carnabucci, LCSW, TEP**  
**Lancaster School of**  
**Psychodrama & Experiential**  
**Psychotherapies**  
Lancaster, Pennsylvania

CE credits and hours for  
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